

Extra

help with how to collect your sample

- Cut down the sides of any large plastic shopping bag so that it opens right out.
- Lift the toilet seat
- Place the bag across the toilet
- Close the toilet seat so that it holds the bag in place
- You are now ready to collect your sample
- Follow Step 2 in the Step by Step leaflet
- Dispose of plastic bag in the household waste.



Please return this slip and tell us...

Did you find this additional information helpful?

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Is collecting the sample a reason to put you off taking this health screening test?

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Write our freepost address on any envelope to return your views to us at:

**The Scottish Bowel Screening Centre
Freepost SCO5047
Dundee
DD3 8ZR**